



ACADEMY JOB VACANCIES

Plymouth Argyle Football Club is entering an exciting new chapter with the continued development of Foulston Park, our purpose-built Academy training facility. As we continue to invest in our people, facilities and player development programme, we are looking to appoint ambitious, passionate and talented practitioners to join our Academy Medical & Performance Department.

These positions provide an excellent opportunity to work within one of the country's most progressive Category 3 Academies, supporting the physical development and medical support of Academy players from U9-U18 as they progress towards professional football.

Lead Academy Strength & Conditioning Coach - Part-Time

We are seeking an enthusiastic and knowledgeable Academy Strength & Conditioning Coach to support the delivery of our long-term athletic development programme across the Academy.

Working alongside the Head of Academy Medical & Performance and wider multidisciplinary team, you will help design and deliver evidence-based athletic development programmes that enhance movement quality, physical performance, injury resilience and long-term player development.

This role provides an outstanding opportunity for an ambitious practitioner looking to gain experience within an elite football academy while contributing to an innovative and collaborative performance department.

Key Responsibilities

- Deliver athletic development sessions for Academy players from U9-U18.
- Plan and deliver age-appropriate gym and pitch-based physical development programmes.
- Monitor player growth, maturation and physical development.
- Support physical testing, GPS monitoring and performance profiling.
- Deliver warm-ups, activation, movement preparation and recovery sessions.
- Work collaboratively with coaching, medical and analysis staff to support Individual Development Plans (IDPs).
- Assist in developing educational resources for players, parents and staff.
- Maintain accurate performance records and contribute to departmental reporting.
- Ensure all practices align with the Elite Player Performance Plan (EPPP) and Academy Performance Plan.

Working Hours

The successful candidate will primarily work:

- Monday: 3.30pm-7.30pm
- Tuesday: 3.30pm-6.30pm
- Thursday: 3.30pm-7.30pm

Additional opportunities may be available through Academy fixtures, testing and holiday programmes.



Essential Criteria

- BSc in Strength & Conditioning, Sport & Exercise Science or related discipline.
- FA Introduction to First Aid in Football.
- FA Safeguarding qualification.
- Excellent understanding of youth athletic development.
- Excellent communication and organisational skills.
- Ability to work collaboratively within a multidisciplinary team.

Desirable

- MSc in Strength & Conditioning or related discipline.
- UKSCA or BASES Accreditation (or working towards).
- Experience within an elite football academy.
- Experience delivering long-term athletic development programmes for youth athletes.
- Experience using athlete monitoring technologies.

Academy Physiotherapist / Sports Therapist - Casual

We are looking to recruit committed and enthusiastic Academy Physiotherapists / Sports Therapists to provide pitch-side medical support and rehabilitation services across our Academy programme.

Working closely with the Head of Academy Medical & Performance, you will play an important role in delivering high-quality medical care for Academy players, supporting injury prevention, assessment, treatment and return-to-play processes.

This role offers excellent exposure within an elite football environment and is ideal for practitioners looking to develop their experience within professional football.

Key Responsibilities

- Provide pitch-side emergency medical cover for Academy training sessions and fixtures.
- Assess, treat and rehabilitate Academy players following injury.
- Deliver evidence-based rehabilitation programmes.
- Assist with injury prevention initiatives and player screening.
- Maintain accurate medical records using the club's medical systems.
- Liaise effectively with coaches, parents, players and the wider multidisciplinary team.
- Attend Academy medical meetings and CPD events.
- Operate in accordance with FA, EPPP and Club medical standards, policies and Emergency Action Plans.

Essential Criteria

- Degree in Physiotherapy, Sports Therapy or Sports Rehabilitation.
- HCPC registration (Physiotherapists) or appropriate professional membership.
- FA Intermediate Trauma Medical Management in Football (or willingness to complete).
- FA Safeguarding qualification (or willingness to complete).
- Excellent communication and interpersonal skills.
- Ability to work independently and within a multidisciplinary team.



Person Specification

We are looking for people who demonstrate:

- A genuine passion for youth player development.
 - High professional standards and integrity.
 - Excellent communication and interpersonal skills.
 - Strong organisation and attention to detail.
 - The ability to build positive relationships with players, parents and colleagues.
 - A proactive, enthusiastic and adaptable approach.
 - Commitment to continual professional development.
 - Flexibility to work evenings and weekends.
 - Full UK driving licence.
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How to Apply

Applications should be submitted via the EFL iRecruit recruitment portal.

- **Lead Academy Strength & Conditioning Coach –**
<https://irecruit.efl.com/vacancies/3212/lead-academy-strength--conditioning-coach.html>
- **Academy Physiotherapist / Sports Therapist –**
<https://irecruit.efl.com/vacancies/3213/academy-physiotherapist--sports-therapist.html>

Closing Date: Thursday 27th August – 5PM

Interview Date: W/C Monday 31st August

Rate of Pay: Competitive hourly rate, dependent on qualifications and experience