



ARGYLE v POOLE TOWN



SUNDAY, 3
NOVEMBER
2024
1PM

Adobe
WFA  **CUP**

ADOBE FA CUP FIRST ROUND

24/25



PLYMOUTH ARGYLE FC



ONLINE &
IN STORE

THIRD KIT
2024/25




Beehive
HOMES SW

INSPIRED BY
OUR PAST



Ryan Perks

HEAD COACH NOTES

Good afternoon, all, and welcome to Bolitho Park, home of Plymouth Parkway, for our Adobe Women's FA Cup First Round proper tie against Poole Town.

We extend a welcome to the players, staff, officials, and supporters of Poole Town in the South West today.

We are extremely excited to play in a competition that many know and love this afternoon. We had an exciting and fun cup run last season, creating memories that we won't forget. We are, of course, hoping for similar and hopefully more success this season.

Despite having a change of venue today, we're delighted

to still be playing in Plymouth, allowing the Green Army to continue to get behind us like they have done for the season so far.

Since we last saw you all, we've had time to recover, analyse and prepare for an important run of games in November. Although our game against AFC Wimbledon was postponed last weekend due to the Dons needing to play a cup tie, the girls have been working hard, ensuring that our time off is not wasted.

Our performance against Billericay Town in the FA Women's National League Cup, which got us to the quarter-finals of that competition, was a prime example of how we want

to play on a regular basis. Some strong attacking and defensive football was on display, helping us progress further into the cup and set up another home tie in the upcoming weeks.

Thank you to all the Green Army for your support. We look forward to seeing you this afternoon, even with the change of venue and kick-off time.

Enjoy the game,

Ryan

UPCOMING EVENTS



CINDERELLA
Sunday, 1 December | 12pm - 3pm



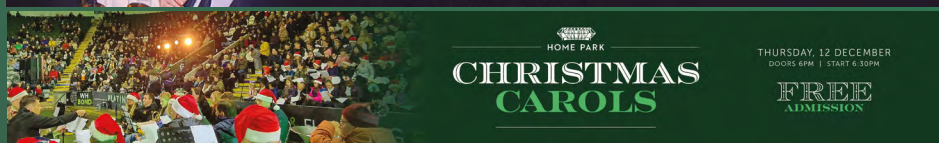
Festive
Wreath Making
Sunday, 1 December | 12:30pm to 4pm



Free Welcome Drink
A Very Buble Christmas
Friday, 6 December
7pm-12am
Tom Cary



HOME PARK
PARTY PERFECTION
CHRISTMAS
FRIDAY, 6, 13 & SATURDAY, 14 DECEMBER



HOME PARK
CHRISTMAS CAROLS
THURSDAY, 12 DECEMBER
DOORS 6PM | START 6.30PM
FREE ADMISSION



PILGRIM PETE'S CHRISTMAS DISCO
Sunday, 15 December



HOME PARK
PARTY PERFECTION
NEW YEAR
TUESDAY, 31 DECEMBER



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SUNDAY, 12 JANUARY 2025



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Lulu Jarvis

INTERVIEW

Lulu Jarvis has already had the opportunity to train and play alongside world-class talent in Women's Football at Women's Super League side Brighton & Hove Albion. However, the 21-year-old Argyle winger soon found herself involved in a Jamaican side facing off against France, in front of 11,000 people at the Stade Bonal.

After receiving a call informing her of being on standby for the camp in eastern France, Lulu continued her normal routine, training and playing games with Argyle, alongside student life at Marjon.

However, after a conversation with Jamaican National Team

Head Coach Hubert Busby Jr., she soon understood what the upcoming week held for her.

"I got the call at first, and it was just saying that I'd be on standby," Jarvis said. "I wasn't actually expecting to go. The next day, I got another call, and the coach was talking about camp and so I was like: 'wait, am I coming? What's going on here?'"

"He said 'yeah, you're coming, congrats.' I didn't think it was processed; I still don't think it's processed. It happened so quickly.

"The travel process was quite hectic and tiring - and then

I missed one of the flights! My first flight got delayed, so I missed the second flight. Luckily, I bumped into another group of the girls on route, so, it wasn't too bad, but made it a bit more stressful!"

Once the journey to France, with a stop in Basel, Switzerland, was complete, a busy week of camp before the friendly on the Friday ensued. Talent from the WSL, America and the Championship filled most of the Jamaican squad, but Lulu found herself sharing a room with a familiar name to many in the FA Women's National League Southern Premier Division, in the form of Ipswich Town's Natasha Thomas.

She said: "It was a good mix of different players. I've trained at a WSL level before, so I kind of knew what to expect. I felt okay in training, but the main thing was getting used to the quickness and physicality. It was quite a short camp. Normally camps are a little bit longer.

"When I was talking to some of the girls, they did say it was probably a bit quieter than usual and there were also lots of new faces, so I think we're still getting to know each other. All the girls I spoke to were really nice and everyone was very chilled, but we didn't get a chance to properly mingle with everyone."

At the end of a week of preparation, the understanding and excitement of what Lulu was involved in hit her. 11,251 fans took to the stands of the Stade Bonal to cheer on both teams, in a match which would send the home supporters into eruption just after the 20-minute mark.

Paris FC's Clara Mateo handed Les Bleus the lead in the 22nd

minute, with captain Wendy Renard doubling their advantage with a headed goal from a corner before the half-time whistle. Just after the restart, France sealed the result through Sandy Baltimore. The Chelsea winger picked up the ball inside the area and volleyed home past Tottenham's Rebecca Spencer.

Jarvis did not feature for the Reggae Girlz on the night but, despite the result, can only speak positively about the experience and seeing top-level talent battle it out in a busy stadium.

"It felt like a final inside the stadium," Jarvis said. "They had the fire and lights when they scored. I think that was the first moment where I started to process what was going on. It was pretty cool.

"I don't know how many fans we had out there but, even when we were walking back in, all the French fans were asking for our shirts, and it was just a cool experience. The players were so

tidy and just so technical. It was just a high-level football game and was crazy to watch. It's weird to think about though, being in the same game as some of the world's biggest names. I should've asked for a shirt!"

Making the move from Brighton to Plymouth may have been daunting, but Lulu acknowledged that finding game time and playing consistently has given her the opportunity with Jamaica, and she is excited about continuing the season ahead with the Greens.

She said: "Getting minutes has obviously shown what it can lead to, because I think that was the main thing with camp. I couldn't get called up in the past because I hadn't played, but they'd been monitoring me since I was at Brighton.

"It's a really good environment here at Argyle. I've been enjoying football, after two years of not playing. It's what I've needed. I feel there was pressure that I put on myself that I didn't need to [at Brighton] because I wasn't even playing, but now, obviously, there's pressure when it comes to games and results, I can still enjoy playing football.

"My university course at Marjon is still getting started, so we've had a few bits to do, but I just want the assignments to start now, so I can get them out of the way! I've been enjoying it, however.

"I want to try and get as many wins as possible with the team, but on a personal level as well it would be nice to get some more goals. I do want to build up my fitness a bit and continue the path I'm going on. I'm heading in the right direction, so, just need to keep going."



Argyle in the Adobe Women's FA Cup

2023/24

They call it 'the magic of the FA Cup'.

Argyle enjoyed playing in the competition last season, scoring numerous goals, winning via a penalty shootout and playing at the Theatre of Greens in front of thousands of members from the cheering Green Army.

But, how did the crazy run of games play out?

Round One

Argyle Women 13 Ilminster Town 0

In late November of 2023, following a postponement due to heavy rain at Torpoint Athletic's The Mill, the fixture was moved, making it Argyle Women's first match at the Home Park in the season.

Over 2,000 fans came to watch Ryan Perks' side score 13 goals past Ilminster, in a match that recorded the joint-highest scoreline in the first round of the Women's FA Cup last season.

The scoring began through Mia Endacott, striker Ellie Sara went on to score five past the Blues as the half continued, with goals from Charlotte Whitmore and Tamsin Medd-Gill bringing the scoreline to 8-0 after the first 45.

Argyle's fine form in front of goal continued through Katie Dickson who scored her first goal for Argyle five minutes into the second half. Rebecca Dandridge scored two goals of her own, either side of Whitmore's excellent second before Gemma Rose rounded off the scoring and secured Argyle a place in the second round of the competition.





Round Two

Argyle Women 4 AFC Stoneham 2

A week later, the Greens were back in action, taking on step-six side AFC Stoneham at Coach Road, Newton Abbot.

Sara opened the scoring for Argyle ten minutes into the first half, followed by a sensational half-volley from Rose, who rifled the ball into the top-right corner of Stoneham's goal from the edge of the area.

The Greens continued to control the game in the second half and doubled their lead by the 77th minute, thanks to close-range efforts from Sara and Rosie McDonnell. Despite a late rally from Stoneham, that saw the visitors claw back two, the Pilgrims saw the game out and progressed through to the next stage of the cup.

Round Three

Argyle Women 2 (5-3 pens) Oxford United 2

FA Cup
2023/24

Argyle's third-round draw saw Coach Road take centre stage once again. Oxford United were the visitors to Devon and had found success against the Pilgrims earlier in the season, running away as 5-0 victors in the FA Women's National League Southern Premier Division tie.

Against a side in the same division, Argyle took the game to Oxford early on. Long-range efforts from McDonnell and Dandridge kept Oxford wary of Argyle's threat going forward but the visiting side took the lead through Lacy-Jai Liggett late in the first half.

With the Coach Road crowd behind them, the Greens came out of half-time ready for a battle as the sun went down. Both sides struggled to register any clear-cut chances as the second half got underway. Oxford left-back Shelly Provan attempted to write her side's name into the fourth round with a strike from 20 yards, but her effort rattled the crossbar.

Argyle still needed a leveller in the dying minutes, forcing manager Ryan Perks to roll the dice with one final substitution, and that proved decisive in changing the Greens' fate. A crucial charge down the left flank by Whitmore left her marker in the dust and allowed the winger to put one final ball into the area, finding the laces of substitute Fern Orchard, who struck home and sent the game into extra-time.

In an end-to-end extra time, exceptional saves from Jasmine Read kept Argyle in the fight until a penalty was awarded to the visitors. Zoe Barratt put the U's back in the lead from the spot kick with 10 minutes to go, but once again Argyle dramatically levelled the scoreline. A well-weighted pass under pressure from Dandridge to Imy Crawford created a shooting opportunity which the midfielder smashed home into the top corner, sending the crowd and technical area into delirium.

In the shoot-out, former Argyle player Leah Burridge missed Oxford's second penalty, handing the Greens the advantage. All five of Argyle's takers – Rose, Endacott, Jade Berrow, Taya Pomfret and Whitmore – dispatched their efforts, meaning the Greens proudly took their place in the fourth round of the cup. The Greens continued to control the game in the second half and doubled their lead by the 77th minute, thanks to close-range efforts from Sara and Rosie McDonnell. Despite a late rally from Stoneham, that saw the visitors claw back two, the Pilgrims saw the game out and progressed through to the next stage of the cup.





Round Four

Argyle Women 1 Nottingham Forest 6

Argyle's Adobe Women's FA Cup run ended at Home Park against a classy Nottingham Forest side.

The visitors sat third in the northern division of the third tier, with Argyle 10th in the southern section. Forest, with several professionals in their side, won their division and lost a play-off last season, falling just shy of reaching the second level of English women's football.

A crowd just short of 2,000 inside Home Park saw their Pilgrims continue to give gutsy displays, with Berrow giving the fans something to smile about at the end of the game, scoring Argyle's only goal in a 6-1 loss.



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POOLE TOWN LADIES

Poole Town are one of the longest-running and most successful teams in Dorset, after being originally founded in the 1980s. The Dolphins found major success in the Dorset Women's Cup between the 2005/06 and 2017/18 seasons, winning the competition seven times in 11 visits to the finals.

In 2007, the team merged with another local club, Ashdown Rovers, but retained the Poole Town name. The merger enabled the club to run two ladies' teams, as well as several girls' teams, and become one of the most successful clubs in Dorset.

Following promotion into the South West Women's Regional League Division One, the club were quickly promoted into the South West

Women's Regional League Premier Division in season 2004/05, thanks to an unbeaten season. The next few years saw the team competing in both the South West Women's Regional League and the Dorset League - being the only club running two ladies' teams consistently for many years.

In recognition of their achievements, the club were named the Dorset Club of the Year in 2018 and the FA Women's Premier League Respect Club of the Year in 2018.

This season has been a different story, however. The Dolphins sit ninth in the Regen Arable South West Regional Women's Football League, the fifth tier of women's football, after losing five of their six league games and winning just one.





Festive Wreath Making

Sunday, 1 December | 12:30pm to 4pm



Cream Tea
included

£50
per person



Equipment
supplied

To book your space or for more information, contact Toni on toni.mcguire@pafc.co.uk



honors
Flowers



FOUNDING MEMBERS



2024/25 FIXTURES & RESULTS



AUGUST

-  Sun 18 Cheltenham Town L 0-4
 Sun 25 Oxford United L 1-3
 Thur 29 Bridgwater United W 4-2

SEPTEMBER

-  Sun 1 Milton Keynes Dons W 5-1
 Sun 8 Hashtag United L 1-5
 Sun 15 London Bees CUP W 3-0
 Sun 22 Billericay Town L 1-2
 Sun 29 Maidenhead United CUP W 4-1

OCTOBER

-  Sun 6 Lewes L 0-2
 Thu 9 Exeter City L 0-3
 Sun 13 Ipswich Town L 1-5
 Sun 20 Billericay Town CUP W 2-1

NOVEMBER

-  Sun 3 Poole Town CUP H
 Sun 10 Gwalia United H
 Sun 17 Cheltenham Town H

DECEMBER

-  Sun 1 Watford H CUP
 Sun 15 Oxford United A

JANUARY

-  Sun 5 Milton Keynes Dons H
 Sun 12 Hashtag United A

FEBRUARY

-  Sun 2 Lewes H
 Wed 12 Exeter City A
 Sun 23 Billericay Town H

MARCH

-  Sun 9 Watford A
 Sun 23 Ipswich Town A

APRIL

-  Sun 13 AFC Wimbledon H
 Sun 27 Gwalia United A

GET TICKETS FOR
ARGYLE WOMEN'S
FIXTURES HERE



Green = Home games Black = Away games

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THE TEAMS

Match Officials

Referee:
Richard Abbott

Assistant Referees:
Alan Turner
Nathan Mack



1	Lily Felgate 🍀
2	Katie Dickson
3	Roxy Thomas
4	Amii Kearley
5	Giota Papaioannou
6	Taya Pomfret
7	Charlotte Whitmore
8	Imy Crawford
9	Ellie Sara
10	Georgia Wilson
11	Jade Berrow
13	Grace Smith
14	Kelsey Blight
15	Georgie Knott
16	Ella Stephens
17	Lulu Jarvis
18	Katie Grigg
19	Erin O'Shea
20	Fern Orchard
24	Ava Kuyken
25	Jess Geach
26	Caitlin Smith
56	Comfort Erhabor 🍀



1	Bebe Smith 🍀
2	Summer Williams
5	Amy Maidment
6	Lucy Coalter
9	Katie Marshallsay
10	Emma King
12	Lauren Kelly
13	Bethany Anderson
15	Georgia Kemp
22	Caitlin Dougal
23	Madison Kemp
27	Lauren Rogers
31	Abigail Mole
33	Jade Tucknott
36	Maisie Riley
41	Anna Kanz
	Alice Fisher
	Elle Gadd
	Karen Habgood
	Meadow Kelly-Evans
	Kacey Raine
	Leah Stanley
	Macie Starks
	Sofia Stone-Gispert
	Victoria Wonham